



Faloria

CORTINA D'AMPEZZO

THE SPA

the essence of wellness in the heart of the Dolomites

TREATMENTS

FACE TREATMENTS

Booster Biorice – Euro 130

A precious treatment with immediate and lifting effect. It acts as a natural botox to regenerate and revitalize the skin.

Detox Biorice – Euro 120

For pure and asphyxiated skins.

This treatment has a purifying and balancing action, improves the complexion and eliminates toxins.

Hydrating multilevel Biorice – Euro 120

For normal and dry skin

This treatment returns the right hydrolipidic supply to the skin, hydrating and nourishing the skin in depth.

Intensive antiage Biorice – Euro 120

For mature skins

Regenerating treatment that fights aging signs. The skin is immediately visibly illuminated and plumped.

Firming Biorice – Euro 120

For all type of skins

This treatment counteracts skin relaxation and atony, restoring skin elasticity and tone.

Aromatherapy exfoliating facial treatment – Euro 110

Sensory facial renewal treatment, created to relax and nourish the skin. Smooths and gives brightness.

Express - Euro 45

30 minutes personalized treatment for every necessity.

Eyes Relaxing - Euro 40

30 minutes antiage treatment with low molecular weight hyaluronic acid with lifting action.



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BODY TREATMENTS

Aromatherapy exfoliating treatment - Euro 130

Sensory and aromatic exfoliating massage to renew the body, created to relax and nourish the skin.

Body detox - Euro 150

Thanks to hay and herbs, this treatment has a detoxifying action and facilitates the elimination of toxins, giving the body the right balance. Ideal for finding perfect harmony and physical well-being.

Anticellulite - Euro 150

Treatment against cellulite that contributes to the improvement of microcirculation and favors the removal of liquids. It stimulates lymphatic drainage and shapes the body.

Relaxant back muscles - Euro 150

This treatment relaxes and relieves muscle pain, dissolves contractures and is excellent for those suffering from physical fatigue and muscle stiffness.

Relaxant cervical muscles - Euro 150

The myorelaxing and decontracting action of the hay cushion relaxes muscle stiffness. Excellent for those suffering from localized neck and shoulder pain.

Firming - Euro 150

A targeted solution to counteract skin relaxation and loss of tone. Gives firmness to the tissues by toning them and stimulates circulation.

Anti-fatigue legs - Euro 150

This treatment stimulates circulation, decongests tissues and relieves muscle tension.





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MASSAGES

CLASSICS

CUSTOMIZED FALORIA - Euro 130

An exclusive and unforgettable experience that respects the person in his or her typical nature by skilfully combining various massage techniques based on the guest's needs.

ANTI STRESS - Euro 120

calming and rebalancing massage that brings benefits to the nervous system, instilling a feeling of complete well-being

SWEDISH - Euro 120

Classic massage. It has a relaxing action, stimulates circulation and relieves tension.

FOR TWO - Euro 270

Real ritual that allows to share the experience of a relaxing massage with the partner in an unique atmosphere.

SPORT- Euro 130

Deep massage that works on muscles and contractures, stimulates tissueS by increasing oxygenation. Suitable for those who practice sports.

CIRCULATORY - Euro 120

Particular type of massage whose purpose is to foster the drainage of liquids, reducing stagnation by stimulating the lymphatic circulation. Eliminates swelling and gives a pleasant sensation of lightness.

CANDLE - Euro 120

The candle massage is a relaxing technique that uses alpine vegetable butters that are slowly melted by the candle flame. When reaching the skin, nourishing it deeply and infusing a pleasant warmth.

MOTHER TO BE – Euro 120

This massage improves circulation, promotes the drainage of liquids, relaxes muscle tension, preventing typical waiting disorders such as swelling and muscle pain.

EXPRESS - Euro 70

30 minutes personalized massage. It is possible to choose the desired body zone.



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SPECIALS

FOOT REFLEXOLOGY - Euro 95

Foot reflexology is an energy rebalancing technique for the body. It works through the stimulation and compression of specific reflex points on the feet, energetically related to organs and systems. It allows to exercise preventive action and intervention on any imbalances in the body.

HOT STONES - Euro 140

Ancient oriental practice that combines delicate manual skills with lava stones properties. Lava stones have the ability to retain heat by releasing it once in contact with the skin. They infuse pleasant energies that release mental and physical tensions.

LOMI LOMI - Euro 140

It is a rhythmic typical massage of the Hawaiian Islands that allow to massage the entire body with a single movement, producing a feeling of total relaxation and perfect well-being.

AROMATHERAPY - Euro 140

This technique combines the healing power of essential oils and the balancing energy of massage. The enveloping manual skills and the balancing power of essential oils have profound relaxing effects on the body and spirit.

AYURVEDIC - Euro 140

Abhyanga is the oldest Indian massage technique.

The practice of Ayurvedic massage aims to help eliminate toxins and stimulate the energy flow with a harmonizing effect on our energy centers, the Chakras.

PINDASWEDA - SIMPLE WARM - Euro 140

Coming from the Ayurvedic culture, it is performed with medicinal and aromatic herb pads, soaked into hot oil. It is a relaxing technique, recommended in case of fatigue and joint pain.

One of the techniques listed above can be chosen for a longer duration according to individual needs: massage 80 min - supplement Euro 40.00 (the supplement cannot be applied to Foot Reflexology).





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BEAUTY

Manicure - starting from Euro 30

Pedicure - starting from Euro 50

Waxing - starting from Euro 20

ARRIVAL

Changing rooms and lockers are available at the SPA. You can also access the SPA directly in your bathrobe. Please arrive at least ten minutes before the treatment starts. The treatments begin and end on schedule to allow punctuality for the next guest. Cancellations have to be communicated 24 hours before the appointment. The hotel reserves the right to charge a penalty if the cancellation is not made within these deadlines.

CONTACTS

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